



BRIDLINGTON u3a POLICY - DUTY OF CARE/SAFEGUARDING

1. There are no formal requirements for a u3a to have:
 - a trained first aider.
 - a health and safety policy.
 - a risk assessment for its activities.
2. The committee and all members cannot neglect their duty of care to members relating to safety, welfare and general wellbeing. Group Leaders need to be aware of any safety issues relating to their activities and be aware of the Safeguarding Policy. All members need to ensure that they are aware of any safety issues and ensure that they do not put themselves or other members in danger.
3. The Group Leader shall ensure, as far as is possible, that there are no safety issues concerning the use of a venue.
4. Group Leaders have been made aware of the policy documents of Bridlington u3a and know who to contact on the committee for any assistance.
5. All group leaders should be aware of and follow the Safeguarding Statement.

SAFEGUARDING STATEMENT

Everyone has different levels of vulnerability and each of us may be regarded as vulnerable at some time. All members who may be vulnerable have a right to protection from all types of harm or abuse.

In all our activities we will:

- **Value, listen and respect members who may be vulnerable.**
- **Ensure that all members feel welcomed, respected and safe from abuse and harm.**
- **Recognise equality amongst people and relationships.**
- **Do all we can to help members who may be vulnerable, to be and remain active contributors within the u3a and if they are or become unable to participate independently, encourage them to bring a companion/carer with them in order that they can continue to enjoy the benefits of u3a membership.**
- **Ensure all members are aware of their responsibilities to protect vulnerable adults.**

If you do become aware of a member who may be experiencing harm or abuse you must inform the Group Coordinator or Chair verbally immediately and in writing. You can contact any committee member if either the Group Coordinator or Chair cannot be contacted. It is important that we deal with incidents immediately to minimise the distress harm or abuse may cause.